



T.E.D. Times

AGEING BETTER IN EAST LINDSEY

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01529 301966

Newsletter –September / October

Citizens Advice Drop-in Services

Looking for some impartial advice?

Free confidential advice is available on a wide range of issues including Benefits, Consumer rights, Debts, Housing and Employment. Citizens Advice East Lindsey will be holding a drop in service in the following areas:

Spilsby New Life Centre every Monday 10am-12pm
Mablethorpe Marisco Medical Centre every Wednesdays
9am-12pm
Horncastle Library every Thursdays 9.30am-12pm

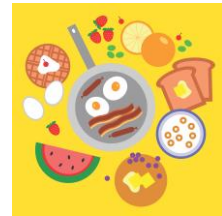
Or call our confidential advice-line on 03000 3309 034 or visit online at www.citizensadvice.org.uk

citizens advice Lindsey

New CHAPS Activities

CHAPS Breakfast Club

Join the CHAPS staff for breakfast at Hope House, Mablethorpe LN12 2AJ from 9-11am every Monday.



CHAPS Talks Sport

Join the CHAPS team Every Friday at the Lancaster Suite, Barratt Court, Lyndhurst Avenue, Skegness, PE25 2PQ. Refreshments are provided.



For more information on both these events, please contact Lizzie on 01507 681881 or email Elizabeth.atkin@mvtlc.org.

TED Men Do.. Mini Beer Festival and BBQ

Join Carers First to celebrate the Men Do Project, their home brewing achievements and BBQ. If you would like join them, the event is Tuesday 10th September from 11am till 3pm at Legbourne Village Hall, Legbourne, LN11 8LN.

If you're a man, over 50 and live in East Lindsey, Men Do... is for you. It is all about giving you the chance to get out and have fun doing something you're interested in for free.

For more information or to book your FREE place, please call 0300 303 1555 or visit online at info@carersfirst.org.uk



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T.E.D.
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in East Lindsey

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T.E.D. is funded by The National Lottery Community Fund and managed by Community Lincs

Chapel St Leonards Friendship Group

Come along to the meeting of the Chapel St Leonards Friendship Group on **Monday 9th September** from **2pm** at **Chapel Garden Centre, Skegness Road, Skegness, PE24 5UB**. Anyone attending is also welcome to bring their dogs. This group usually meets the first Monday of the month.

Storehouse Friendship Group

Visit The Storehouse Friendship Group every **Tuesday** from **1pm–3pm** at **The Storehouse Café, North Parade, Skegness, PE25 1BY**. Refreshments available to purchase from the café.

Mablethorpe Friendship Group

Held at Peter Dyer Court, Seacroft Road, Mablethorpe, LN12 2DT, the next meeting will be on Thursday 5th September. This group meets once a fortnight and any new members are welcome to attend for a drink, cake and conversation.



The Over 50s Youth Club

Come along to the Horncastle Youth Centre **every Wednesday** from **2pm – 4pm** for the Friendship Group.

The group offers tea/coffee and biscuits for just £1, along with entry into a raffle.

For more information please call 01507 522328 or visit them at Horncastle Youth Centre, Church View, Cagthorpe, Horncastle, LN9 6DZ.

Time Out Friendship Group

Visit the Skegness Friendship Group at **The Central Café in Barrett Court, Lyndhurst Road, Skegness, PE25 2PQ**.

Every **Thursday** from **10am–12pm**, refreshments are available to purchase in the café.

Binbrook Friendship Group

The next meeting will be on **Friday 20th September** from **10:30am-12pm** in **The Plough, Back Lane, Binbrook, Market Rasen, LN8 6DE**. Everyone is welcome to attend, buy a drink and pull up a chair!

Contact Us:

We value your feedback. Please do let us know if you have any events or details of articles for inclusion in the next edition. If you would rather not receive information from TED please get in touch to let us know:

Call: 01529 301966, Email: ted@communitylincs.com, Post: TED, Community Lincs, Old Mart, Church Lane, Sleaford, NG34 7DF

Disclaimer – all dates included are correct on day of print.

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